

HOMEWORK: GRATITUDE JOURNAL — 7 Days of Thanksgiving

Day 1 — God's Faithfulness

Verse: "Your steadfast love, O Lord, extends to the heavens..." (Psalm 36:5) Reflection: Where have you seen God's steady hand this year?

Today I am thankful for:

- 1.
- 2.
- 3.

Day 2 — God's Provision

Verse: "Every good gift and every perfect gift is from above..." (James 1:17) **Reflection:** List three specific ways God has provided for you recently.

Today I am thankful for:

- 1.
- 2.
- 3.

Day 3 — God's Presence

Verse: "Fear not, for I am with you..." (Isaiah 41:10)

Reflection: How has God met you in a moment of fear, stress, or uncertainty?

Today I am thankful for:

- 1.
- 2.
- 3.

Day 4 — God's People

Verse: "I thank my God in all my remembrance of you..." (Philippians 1:3) Reflection: Who has God used to strengthen or encourage you this year?

Today I am thankful for:

- 1.
- 2.
- 3.

Day 5 — God's Mercy

Verse: "His mercies are new every morning..." (Lamentations 3:23) Reflection: In what ways have you experienced God's mercy this week?

Today I am thankful for:

- 1.
- 2.
- 3.

Day 6 — God's Salvation

Verse: "Thanks be to God for his inexpressible gift!" (2 Corinthians 9:15) **Reflection:** How has the Gospel brought strength, hope, or peace to your life recently?

Today I am thankful for:

- 1.
- 2.
- 3.

Day 7 — God's Sovereignty

Verse: "The Lord reigns forever..." (Psalm 146:10)

Reflection: What situation do you need to entrust to His sovereign care today?

Today I am thankful for:

- 1.
- 2.
- 3.

Final Reflection

What themes has God highlighted through your week of gratitude? What is one habit of thanksgiving you want to carry into the next month?