

# COUNSELING REVIEW JOURNAL

*And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ  
- Philippians 1:6*

LOOK BACK

WHERE WAS I WHEN WE FIRST BEGAN?

LOOK AROUND

WHAT BY GOD'S GRACE HAS CHANGED IN MY LIFE?

LOOK AHEAD

WHAT DO I STILL NEED WORK ON? (PHYSICAL/EMOTIONAL-  
MENTAL/RELATIONAL/SPIRITUAL)